

Titled: Her Period

The slang: 'This is a man's world'
I guess our egoistic mindset derived from our ability to stand tall
And be hard
But.... Sometimes we can be too hard
Wait! Wait! Wait!
Let me clear that up, when it comes to our emotions
Sometimes we can be too hard!
Too hard on a female who is going through her monthly cycle
Her period
That time of the month when the male cannot have a top stick nor bicycle
Then we are hit, left, right and center
With what can be described as wild and impulsive mood swings
Drama overload and body hormones out of control
Sometimes the pain is too much and she requires a quiet night and someone to hold
Some females have to be constantly checking for leaks
The shedding of her uterus can make her so weak
Weak to the point that she is unable to step out of bed
Headache, vomiting, abdominal cramps that sometimes travels to the leg
Other symptoms are: Acne, Anxiety, body aches, breast sensitivity
Dizziness, hot flashes, insomnia, rashes, and lower back pain
This is the period the females are expecting the males to be supportive
Sometimes we have to be considerate and report to the kitchen for cooking duties
Then assist with the children and even house cleaning before we can be released
In times like these....
A real king would comfort his queen
Make her dinner and rub her feet
Buy her some chocolate and some ice cream
And before he sleeps
Say: 'Baby, I love you' making her feel just as she's supposed to feel

- Michael Mc Gregor